



## **Exoconsciousness: Beyond the Brain a Second Chance**

**By Rebecca Hardcastle, Ph.D.**

*A tall, statuesque woman stared at me. Her wide shoulders held a tentative posture, unsure of how to balance her elegant, large-boned head with her maternal power center that filled the office chair.*

*Long fingers nervously recorded my response to her college course interview questions. The room flooded with inter-dimensional beings. Clamoring spirits drowned out our conversation.*

*Polite avoidance became futile.*

*The interview halted mid-sentence. "Have you ever been home to Tonga?"*

*Her head motioned no. Her eyes darkened. She plunged an ocean depth trying to escape my net.*

*"Your family, your father's mother, is here and they want you to connect."*

*Her body surfaced—a breathing, breaking wave. Tongan cellular memory switched on. A pathway opened to her tribe. Her frame blazed with the thought of home.*

*A Tongan woman, thirsting in an Anglo desert southwest community, reunited with her pod. The stimulant for her reconnection: one question and one family observation.*

*A similar inquiry and observation might be offered every human.*

*"Have you ever been home to the heart of your universe?"*

*"Your family is here and they want you to connect."*

Cosmic connections are ancient and ongoing. Grounded by a massive database of sightings, witness and whistle-blower testimony, ufologists have graduated to a new level of academic, albeit hesitant, acceptance. Exopolitics appeared as ufology completed the necessary hypothetical hurdles of scientific analysis and difficult debunkers. Ufology, as a defined body of knowledge, is now inclusive of and stimulated by the study of Exopolitics, which examines political implications and solutions.

Together, ufology and exopolitical research are shifting out of doubt and into belief. Once-defensive postures now reflect confidence. Alliances form with a wider spectrum of academic disciplines. Consciousness research, though sidelined in the past by ufologists' immediate need to fill the quota of sightings and historical documentation, may now provide a needed influx of research confirming extra-conscious abilities beyond the brain. **Exoconsciousness is a concept developed to encompass research based on the extraterrestrial origins, experiences and abilities of human consciousness.**

Yet as alliances form, they are accompanied by mounting obstacles. Interesting how exoconsciousness theory, affirming superior internal powers of human consciousness, manifests during an historical period of powerful, potentially harmful, external forces. The theory of Singularity speaks the possibility of intelligent machines, smarter than humans, powered by forces that pollute and harm the human environment. Mammoth magnetic earth and cosmic waves pummel our species. A glimpse under the cover of military mind-control weapons leads to a questioning of our once-reliable, sensory world. Who are we hearing? What are we thinking?

The purpose of this paper is to outline the concept of exoconsciousness within the context of ufology and exopolitics and discuss how it relates to modern consciousness theory. Further, it will offer insight on how human exoconscious abilities might address environmental and weaponry concerns. Consciousness will be framed as a primary force for negotiating our path into the future, leading us away from threat of our species demise into our re-creation, our second chance.

## Quantum Consciousness

Quantum-oriented researchers affirm the validity of subjective experience. Who we are factors into the equation of what and how we experience. Built on the foundation of alternative history and quantum science, ufology, exopolitics and exoconsciousness recognize the subjective as integral. Witness testimony, contact experiences, and whistle-blower statements are heavily subjective, often void of the necessary objective information needed to satiate scientific appetites.

Participants create culture's extraterrestrial reality. As such, subjective participants must cooperate with objective researchers. Humans develop an intuitive filter when undergoing anomalous experiences, which they then integrate with objective data. Realities shift quickly.

My reality shifted while attending the 2005 X-Conference in Washington, D.C. Jaime Maussan, fondly known as Mexico's Mike Wallace (of *60 Minutes*), presented a compilation of UFO videos<sup>1</sup> that had been sent by his viewing audience. During one of his videos, a morphing mother ship, suspended in space, simultaneously digested and launched hundreds of craft. There was an intuitive sense that these craft were not the technological nuts and bolts of our aerospace industry. They seemed plasma-like, conscious entities. Conscious craft were expelled out of the mother ship, while others returned. With each flight and landing, the shape of the mother ship morphed. An obvious consciousness component was at work.



"Oracle of the Illuminati," © 2003 Dana Augustine & William Henry

consciousness might confirm that "we were never alone."

Questions swirled. Do humans possess an extraterrestrial conscious ability? Is there an extraterrestrial dimension within our consciousness? Is our body the mother ship and our consciousness the craft? Is it part of our DNA? Is it integral to our body as well as to our mind? Can we learn to use it? Manage it? The familiar phrase, "we are not alone" was replaced by the possibility that an examination of

Inspired by the Maussan video, I formed the concept of Exoconsciousness. **Humans seem to possess an extraterrestrial consciousness, or exoconsciousness, which is integral to our bodies and our minds.** We seem to possess a cosmic consciousness which links us directly to what the ancients called the “star visitors” and we term “extraterrestrials.” Consciousness studies held the potential for research to validate this subjective experience of exoconsciousness. Consciousness research was the fabled breadcrumb path that might lead us home to the stars.

### **Consciousness as Craft**

Finding an agreed-upon definition of consciousness proved elusive. Consciousness studies, though ancient, had only recently, in the 1990’s, been accepted into academic curricula. In consciousness studies, biologists researching the neurological workings of the brain joined with mathematicians postulating quantum theories and philosophers eager to move beyond dualism and perhaps even resurrect Platonic ideals more amenable to quantum science. As these academics dialogued, a definitive, consensual definition of consciousness dissolved. The academic waters muddied, though they may soon clear.

Common use of consciousness may refer to the opposite of unconsciousness. One who is conscious is awake and alert. One who is unconscious is in an altered state, either chemically- or sleep-induced. Susan Blackmore (2004), in an attempt to mold consciousness studies into a textbook curriculum, defines consciousness as “knowing something, or attending to something.” It is the equivalent of subjectivity, the first- person view of the world. Consciousness doesn’t fit neatly into brain studies or biological definitions. She boldly asserts, “Studying consciousness will change your life.”<sup>2</sup> One is left wondering whether her consciousness assertion includes changing your scientific theories and academic assumptions.

Others, such as Leslie Brothers, a psychiatrist, question whether consciousness is an entity or a thing. Is it only a concept? Stuart Hameroff, an anesthesiologist, who handles patient consciousness on a daily basis, asserts that consciousness in a restrictive sense is experience. It is an awareness possessed by biological systems. Joe Bogen, neurosurgeon, maintains that the brain produces consciousness. He looks at levels—subcellular, cytoskeletal, microtubular, cellular, circuit levels, as well as how one brain interacts with others. Agreement is scarce. Disagreement is the consensus.<sup>3</sup>

At a Tucson conference in 1994, philosopher David Chalmers pulled the consciousness discussion toward what he defined as the hard problem and the easy problems. The easy consciousness problems were not solved, but we are progressing. The easy problems included the brain's ability to discriminate, categorize and react to environmental stimuli; integrate information; report on its own mental states; focus attention; and exert deliberate control over behavior. The hard problem was determining how standard physiological processes translate to subjective experience. What is it like to be a biological organism? What is it like to be in a given mental state? The thorny philosophical mind/body issues were once again onstage. Experience was once again starring as the hard problem.

The media weighed in on the hard problem and speculated, in movies such as *Matrix*, that evil computer aliens imposed a version of reality on humans from the outside. Chalmers seems to question the scriptwriter's fantasy. Instead, he theorizes that the brain appears to be constructing reality from within, on the fly, as waves of sensory information flood from the outer world. He marvels at how our brain processes a tsunami of sensory data.<sup>4</sup> Our brain's involvement is essential.

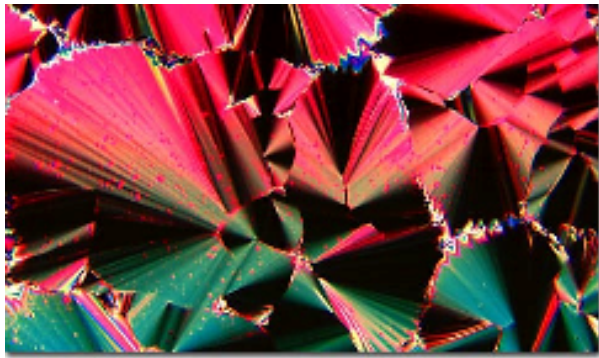


In *Wider than the Sky: The Phenomenal Gift of Consciousness* (2004), Nobel Prize winning neuroscientist Gerald Edelman uses magneto encephalography, a non-invasive technique, to explain the workings of our brain. He measured tiny electromagnetic currents in small groups of neurons to develop neurological correlates of consciousness. He determined that there is no one area in the brain where consciousness takes place. No command center. There is also a wide variation in neural response among individuals responding to the same stimulus or scene. Finally he determines that the brain or the mind is not “software.” He agrees with William James, “**Thoughts don’t necessarily need a thinker.**” His research points to the possibility that our working brain was not designed, but evolved, as he postulates a “neural Darwinism.”<sup>5</sup>

The promising model of anesthesiologist Hameroff and mathematician Penrose proposes that quantum computation occurs in cytoskeletal microtubules within the brain's neurons. “The basic

idea is that consciousness involves brain activities compiled to self-organizing ripples in fundamental reality. Brain stimulates reality based on sensory input and is also intimately connected to that reality at the quantum level.”<sup>6</sup>

What about cosmic consciousness as the evil alien computers? Is it a media parody of reality at the quantum level? “In Panpsychism theory, mind is fundamental in the universe. All matter has associated mental aspects or properties.... Everything in the universe is seen as conscious.”<sup>7</sup> Critics of panpsychism question why then have both physical and mental properties. This criticism is another door that leads to the hard problem. But Chalmers indicates that the door must be opened. At the 1994 Tucson conference, he claimed that consciousness was a fundamental constituent of reality. It may be a building block of the universe, as photons are to light. **Consciousness may be an inherent requirement of all that surrounds and composes us.**<sup>8</sup>



Liquid Crystalline DNA © Michael Davidson

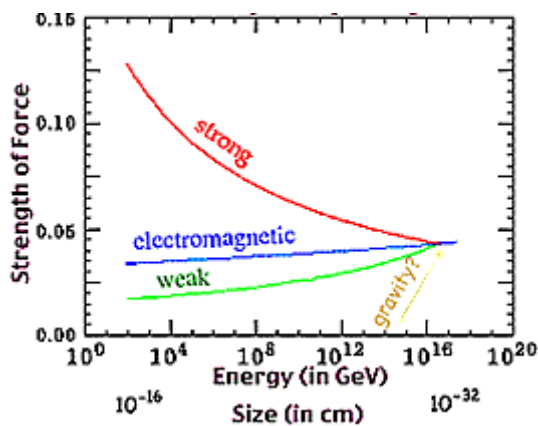
Is the evil alien computer simply a means of imaging consciousness at the quantum level, albeit a fearful image? The physicists, neurosurgeons, philosophers and mathematicians substitute the less threatening term proto-consciousness to indicate that consciousness may be a fundamental constituent of reality, a building block. Is this a spiritual force? Danah Zohar

merges religion and science with proto-consciousness. In her book *SQ: Connecting with our Spiritual Intelligence* (2001), she writes that David Chalmers found the following:

proto-consciousness is a fundamental property of all matter, just like mass, charge, spin and location. In this view, proto-consciousness is a natural part of the fundamental physical laws of the universe and has been present since the beginning of time. Everything that exists—fundamental particles like mesons and quarks, atoms, stones, tree trunks...possess proto-consciousness.<sup>9</sup>

Is proto-consciousness the universal “mud” where Buddhists image the stem of the lotus rooting, emerging to flower as individual spiritual path? Are we all rooted in proto-consciousness and do we emerge from the stem of creation to follow our designated spiritual paths this lifetime? Zohar agrees, “If neural oscillations in the brain were a coherent version of a fundamental property pervading the whole universe, then our human SQ roots us not just in life but at the very heart of the universe. We become children, not just of life, but of the cosmos.”<sup>10</sup>

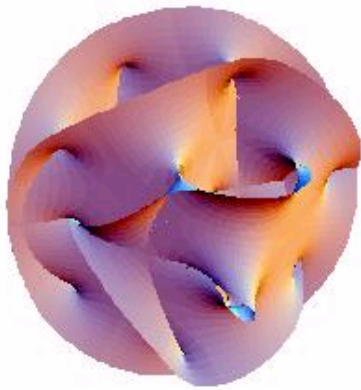
Proto-consciousness, the mud of consciousness, may also be the answer to riddles of string theory. According to Michio Kaku, string theory was stumbling over the possibility of a world hidden from our senses. Quantum theory made it impossible to pinpoint the exact location of atomic particles like electrons. They had no single location. Subatomic worlds operated by outlandish laws that called into question many scientific theories. Kaku began to solve the riddle of subatomic worlds by positing the possibility of parallel worlds. He identified the difficulties of merging string theory and cosmological concepts like the big bang. The laws of string theory physics break down with the big bang. String theory formulas failed to work with the big bang theory. Then a once-dismissed theory of super gravity re-emerged with an elegant 11-string theory. After years of being dismissed by the string theorists, the super gravity model of 11 strings offered hope. “The astonishing conclusion was that all the matter in the Universe was connected to one vast structure: a membrane. The quest to explain everything in the Universe could begin again and at its heart would be this new theory. It was dubbed Membrane Theory or M Theory.”<sup>11</sup>



In the super gravity model, gravity was noted as extremely weak in comparison with other forces. Theorists questioned whether this weakness was because gravity was leaking from our universe. Then the question was flipped, what if gravity was in fact leaking into our universe from another universe, perhaps a parallel universe. Membrane Theory and 11 string dimensions indicated it was so.

How does consciousness fit in Membrane Theory? If mathematicians could work with the force of gravity to develop formulas to fit Membrane Theory, what about the nature of consciousness? Was consciousness leaking out of our brains? Or was consciousness leaking in, from a membrane, into our brains and bodies? Was M theory, mother theory? Were our prehistoric matrilineal ancestors onto a significant cosmic fact that we moderns have overlooked? Might our culture be preparing to re-embrace the Great Mother? Was the evil alien computer really a nurturing great mother—Kwan Yin, Magdalene, Mother Mary, Isis, Mother of the Universe?

### **DNA Mother Ship**



Calabi-Yau Spaces, © Andrew Hansen

What was the role of the human body in quantum consciousness? Returning to Jaime Maussan’s video of the mother ship launching and recovering the conscious craft entities, what role does the human body serve? Traditional science perceives the body as a biological, biomechanical machine that can be regulated with chemical reactions, using drugs. Yet this image of the body falls short when related to cosmic quantum consciousness. The valiant genome project proposes many answers in understanding human genetic makeup while it also left the door open to flood science with new questions. The discovery and understanding of DNA left

scientists having to address the issue of junk DNA and phantom effects. Junk DNA researchers argue that the majority, 97% of our DNA, does nothing.<sup>12</sup> In this Buddhist realm of “nothingness”, scientist Colm Kelleher speculated on the activity of transposons. According to Kelleher, these useless 3 million base pairs of junk DNA await activation by retrotransposons, creating a jumping DNA phenomenon.

Only 3% of human DNA encodes the physical body. The remaining 97% of the 3 million base pair genome contains over a million genetic structures, called transposons that have the capacity to jump from one chromosomal location to another. Transposons that jump to a new location via an RNA intermediate are known as retrotransposons.<sup>13</sup>



According to Kelleher, there were confirmed cases of retrotransposon activation of previously unused, “read junk”, DNA. This quantum-like DNA jumping phenomenon bolstered Nobel-Prize-winning scientist Barbara McClintock’s assumption that our genetic code or DNA was not a “static structure, transmitted unchanged generation to generation.”<sup>14</sup> Instead, she asserts that certain DNA sequences jump from one location to another. In other words, our genetic blueprint changes with this jumping phenomenon and Kelleher believes we are able to influence the movement.

Designing research experiments to track DNA sequence jumping was most successful when performed as cancer research. “...it must be emphasized that in humans only the disease-causing consequences of transposition have so far been found...It is very difficult to catch an element ‘in the act’ of moving to a different chromosomal location.”<sup>15</sup>

Despite the research hurdles, Kelleher makes a bold claim and traces this activation process, or jumping DNA, to possibly explain dramatic physical conversions initiated by metaphysical or religious experience. He cites the sages, mystics and yogis who experience age reversion, levitation, transfiguration, and possibly ascension, as possibly resulting from jumping DNA. He seems to indicate that humans can somehow tap the human potential that lays dormant in our DNA and utilize it for miraculous abilities and achievements. As ancient and modern spiritual disciples have long claimed, their DNA changed (jumped) as their discipline intensified and their level of enlightenment heightened.

Kelleher seems to be pointing to DNA as a potential physical propellant system with which to launch a consciousness craft and then recall it back into the body. Junk DNA and the quantum-jumping phenomenon may be an energy system innate in the human body.

Two streams—DNA and consciousness—are merging. Yet the merging is often perceived as chaotic and oppositional. Is our scientific understanding of the potential power of our DNA influencing our understanding of the enlightenment phenomenon? Or is the inflating scientific database driving our need to make sense of our human potential? Regardless of the origin, Twenty-First-Century humans seem quick to convert their image of the human body into a quantum field of potential rather than a biological machine.

Our body is involved in exoconsciousness. Physicians are beginning to take apart the body's engine—not as mechanic, piece by piece, organ by organ, but as quantum physicians—energy by energy, frequency by frequency. The DNA phantom effect studies the quantum quality inherent in our physical bodies.

DNA phantom effect, as researched by Vladimir Poponin and Kirlian photography, presents the best evidence to date of the quantum subtle energy phenomenon in our genetic makeup. In the 1990s, the Russian researcher Poponin<sup>16</sup> discovered an amazing relationship between DNA and light. He developed a series of experiments to research the patterns of light in the controlled environment of a vacuum. Under the vacuum conditions the light fell into a random distribution. He placed physical samples of DNA into the chamber and found that in the presence of genetic material, the patterns of the light particles shifted. The random pattern changed with the presence of DNA. A new pattern emerged resembling waves as they crested and fell. When DNA was withdrawn, he assumed the light would revert to the prior random distribution, but instead a new pattern emerged. The presence of DNA affected the light photons even after it was withdrawn. Did DNA possess a force that lingered long after genetic material was withdrawn? If so, the presence of our DNA may have a measurable effect in the physical world. If this effect can be measured, it can be understood. If it can be understood, it can be used effectively. Is our DNA a product of our extraterrestrial nature? As we become familiar with our intergalactic self, the power inherent in our DNA may be revealed and understood. The source of our exoconsciousness may be researched and eventually tapped to travel the reaches of outer/inner space and maneuver the incomprehensible wave of change cresting on planet Earth.

### **The Exoconscious Solution**

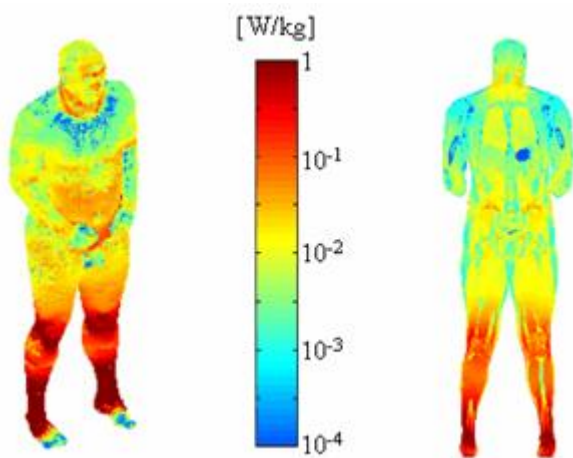
For decades, ufologists have released information from experiencers, whistle-blowers and witnesses concerning possible destructive technological scenarios in our earth's future. Exopolitics focused the ufologists' warnings with political/historical documents and witness testimony. Exposing extraterrestrial influences on our technological advancement, they offer a political perspective replete with warnings and workable solutions. Exoconsciousness, cooperating with the foundational work of ufologists and exopolitics, provides the consciousness component. Framing consciousness

within an extraterrestrial, cosmic context invites creative perspectives of human abilities. Exoconsciousness offers workable solutions that stem from cosmic-based inner- and extra-dimensional consciousness functioning beyond the bounds of space and time.

The effectiveness of an exoconsciousness approach relies heavily on the ufologists' research and the continued strength of the exopolitics political perspective. As information regarding our extraterrestrial lineage and inter-dimensional universe emerges, it will be filtered through the respective ufology, exopolitics and exoconsciousness lens. Cooperatively, conclusions essential to the survival of our human species as inter-planetary beings will be found.

Viewing the future with prophetic eyes, consciousness research illuminating human exoconscious abilities comes none too soon. The threats of singularity, electromagnetic pollution, mind control and non-lethal weaponry call for a response.

Intelligent machines assert the right to exist among humans. Mind and matter compete for the same dwelling place. Can Earth's environment accommodate both? If the levels of electronic pulse contamination are any indication, Earth appears to struggle. Machines seem to be occupying the superior advantage, with researchers eager to birth the next generation for humans to consume. Electronic, nuclear and alternative fuel systems necessary to power intelligent machines pollute the human environment in a silent, sickly assault. Our consumption may either lead to destruction or re-creation.



According to Robert Becker in *The Body Electric: Electromagnetism and the Foundation of Life* (1984), invisible forces of electromagnetism are rapidly deteriorating the human central nervous system. Stress response heightens and short-term memory falters. Resultant hyperactivity and disturbed sleep patterns affect daily routine. In April 2005, Dr. Jill Meara, the British Deputy Director of the Health Protection Agency, publicly

acknowledged the reality of electromagnetic allergies. She advised sufferers to keep their distance from electronic devices and to purchase alternative low-power appliances.<sup>17</sup>

We swim in an ever-increasing electrical current, compromising our immune system and spawning virulent viruses. Spend thirty minutes in a 50-something gym and listen to the litany of diseases plaguing the electrical body—Lupus, Fibromyalgia, Lyme disease. These diseases may not be new, but they have become all too familiar to an exponentially increasing number of humans.

**Are machines making us sick? Are galactic storms affecting our inner compass and psychic ability? Are stealth silent weapons from an invisible enemy assaulting us?** The answer appears affirmative. For many, an immediate reaction to this knowledge is fear. Fear that darkens the vision of possibilities. During fear, humans are blind to the secret mirror image that seems to have been placed in human nature. This mirror image may hold our second chance.

An exoconscious species, we travel this earth life aware of multiple realities, whether conscious or unconscious. A cosmic collective unconscious memory stores past world glimpses of destructive technological advancements, earth devastation, and insidious weaponry assaults. Many are working to bring these memories forward, out of the cave and into the light. As a community of humans, we need to bring the memory forth gradually, allowing our conscious mind to adjust to the past trauma and sorrow. Releasing ancient fears, we hold ourselves in compassion, accountable for our action and our fears. Releasing ancient fears, we hold ourselves in faith, accountable for our power and our possibilities. The reality of our memory of devastation, destruction and attack is balanced by the reality of the second chance, hard-wired into our bodies and evolutionary paths that humans enjoy.

Maureen Dowd is the most recent author heralding the demise of the male Y chromosome in her book *Are Men Necessary?* (2005). As women gain power, is the Y chromosome doomed to disappear? Geneticists seem to concur. The X and Y chromosomes that started out with the same amount of about 1,000 genes are facing separate fates. While X remains vital, Y now has less than 80 genes.

What does the future hold for our dualistic genetic heritage that spawned love songs and beautiful children? David Page of MIT offers hope. He points to the second chance that seems to be hard-wired into our chromosomes. “The Y chromosome has been secretly creating backup copies of its most important genes. These are stored in the DNA as mirror images or palindromes—which read the same way forwards and backwards. (Madam, I’m Adam is a famous example.)”<sup>18</sup>

Our bodies seem to be hard-wired to weather genetic transformations. What of our consciousness? How will we move through the assaults from electromagnetic pollution, galactic storms and mind weaponry? Is there a second chance?

The ancient homeopathic remedy, “like cures like” holds promise as a solution for electromagnetic pollution. Lance Wilson, an independent researcher, proposes that “by sending in ELF—Extremely Low Frequencies—into an area of known and above average cancer rates in the middle of the night as people sleep, you could boost their immune system and help keep free radicals in their body at bay.”<sup>19</sup> He proposes that our immune system strengthens with the 8.5 to 7.89 Hz frequencies, the range of Mother Earth’s lullaby known as the Schumann Resonance. Could the answer to our allergic reaction to electronic pollution, such as power lines and cell phones, be simpler than to slumber to the heartbeat of Mother Earth and awaken re-armored to face the day?

Cosmic super waves and solar eruptions present a more formidable threat. Past-life pictures of medieval throngs fleeing incoming cosmic chaos flash through our memory. Do we simply stand and face our possible demise or are there alternative memories we might access? Perhaps our memory of the underworld needs to be revisited?

Levenda’s *Sinister Forces—the Nine: A Grimoire of American Political Witchcraft* (2005) points to the primeval vortices that permitted entry into the underworld—the physical and psychic points of entry. While the occult and religion have functioned as gatekeepers to this underworld, it is time for them to relinquish their grip. They may not yet be ready, but the time is near. The curtain will be pulled from the nightmare underworld scenarios. The beauty beneath will be recognized. In the event of cosmic super waves, asteroids, and nuclear winter, humans may need to once more move safely underground. Aligned with the heart of the earth, we as a civilization may need to move

down and bundle safe against the storms above. Exoconscious memory grants intuitive access to the points of entry and the safe passage below.



Military non-lethal assault weapons and mind-control technologies present an immediate threat with political and consciousness implications. Investigative researchers have exposed the patents and applications of these most lethal, ironically termed “non-lethal” weapons.<sup>20</sup> Is there a viable mirror image, a second chance against an attack by this next generation of weaponry? As the question appears, the answer emerges. The words Mary and army are composed of the same letters. According to the Kabala, each letter holds a message for those who seek an answer.

The Miriam Mother archetype points to the human potential of intuition and knowing. It is another potential that our cultural gatekeepers are reluctantly relinquishing. The mainstream tipping point was reached when Malcolm Gladwell’s *Blink: the Power of Thinking without Thinking* (2005) perched atop the bestseller list, presenting scientific validation of our intuition. Gladwell terms it our “adaptive unconscious,” which he distinguishes from our Freudian unconscious. “This new notion of the adaptive unconscious is thought of, instead, as a kind of giant computer that quickly and quietly processes a lot of the data we need in order to keep functioning as human beings.”<sup>21</sup> This ability functions in a microsecond as innate knowing.

Whether rooted in the mud of the Mother (M theory) or our neural circuitry, our adaptive unconscious may be a first-line defense against assault. One of the more malevolent aspects of mind-control weaponry is the tendency for humans to become entranced and simply to bathe in the destructive energies, rather than turn away. As humans accept the reality of our adaptive unconscious, they may be more amenable to trusting the flash of their gut instinct that fires the warning flare. Once alerted, their conscious mind would over-ride the allure of mind-control weaponry. Initially, we may need to heed the flash of warning quickly and quietly, allowing our conscious mind to easily recognize dangerous frequencies. Realities are constructed through

repeated experience. Certainly the mind-numbing experience of television has made us accustomed to the hazards of mind control and what it takes to rein in and rebalance our health.

Moviegoers discriminate immediately between Aeon and Catherine Zeta Jones. Animated figures, even with the advent of programs like Endorphin, cannot perfectly replicate human dynamics. It feels a bit “off.” And so it may be with our next generation of mind weaponry. A part of us will “know ” and will react safely.



The advent of exoconsciousness seems timed to dramatic intergalactic, Earth and human technologies that affect the human body and consciousness. We are players in a consciousness shift, literally pushing ourselves to the edge of the precipice. If we leap, we may discover we can fly. **We are wired for a second chance.** Perhaps we can remember a future when we lived in the reality of the second chance. Others among us, extra- and inter-dimensional, may fly alongside. A homing vibration directs our flight.

All participate in the evolution of human consciousness. We may feel we are alone. We are not. It is time to pull the thread of our extraterrestrial consciousness from our subconscious and weave our ancient knowledge into our present moment. It is time to behave as though we possess an exoconsciousness. We are dimensional beings, held by an inter-dimensional and extraterrestrial lineage that we can access and depend upon. Our human race is not prodigal. Our human race is connected and nurtured in oneness with our origins.

*“Have you ever been home to the heart of your universe?”*

*“Your family is here and they want you to connect.”*

**About the Author:** Rebecca Hardcastle, Ph.D., is the originator of the concept of Exoconsciousness. She taught Extraterrestrial Reality, one of the first ufology courses in the nation, at Scottsdale Community College in Arizona. She has a Ph.D. in Parapsychic Science from American Institute of Holistic Theology and an M. Div. in Philosophical Theology from Boston University. Ordained in the United Methodist denomination, she served as an ecumenical chaplain at Wright State University in Dayton, Ohio. Currently she resides in Arizona where she has a private practice in hypnotherapy and offers Exoconsciousness training. Her websites are [www.exoconsciousness.com](http://www.exoconsciousness.com) and [www.rebeccahardcastle.com](http://www.rebeccahardcastle.com).




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**Endnotes**

- <sup>1</sup> See *Jaime Maussan and 15 years of UFO Sightings in Mexico*. To order, visit: <<http://www.paradigmclock.com/X-Conference/X-Conference.htm>>.
- <sup>2</sup> Susan Blackmore. *Consciousness: An Introduction*. (Oxford: University Press, 2005), 5.
- <sup>3</sup> Robert Kuhn. "Is consciousness definable?" *Closer to Truth* (May 2005). Available from: <<http://www.pbs.org/kcet/closetotruth>>.
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- <sup>5</sup> Scott O'Reilly. "Wider than the Sky," *Intervention Magazine* (2005). Available from: <<http://www.interventionmag.com>>.
- <sup>6</sup> Dan Huff. "Quantum Consciousness".
- <sup>7</sup> Susan Blackmore. *Consciousness: An Introduction*, 11.
- <sup>8</sup> Dan Huff. "Quantum Consciousness".
- <sup>9</sup> Dana Zohar and Ian Marshall. *SQ: Connecting with our Spiritual Intelligence*. (London: Bloomsbury, 2001), 81.
- <sup>10</sup> *Ibid.* 82.
- <sup>11</sup> Dilly Barlow. "Parallel Universes," *BBC Interview* (February 2, 2002). Available from: <<http://www.bbc.co.uk/cge-bin/education/betsie/parser.pl/0105>>.
- <sup>12</sup> Colm Kelleher. (1999). "Retrotransposons as engines of human bodily transformation," *Journal of Scientific Exploration*, 13, 9.
- <sup>13</sup> *Ibid.* 9.
- <sup>14</sup> *Ibid.* 11.
- <sup>15</sup> *Ibid.* 13.
- <sup>16</sup> Vladimir Popnin. "The DNA phantom effect: direct measurement of a new field in the vacuum substructure." Available from: <<http://www.xs4all.nl/~ator1341/dnaz.html>>.
- <sup>17</sup> Nic Fleming. "Experts put a health warning on 'electrical allergy' advice" (April 11, 2005). Available from: <<http://www.telegraph.co.uk/core/content>>.
- <sup>18</sup> Joe Palca. "As Y Chromosome Shrinks, End of Men Pondered" (November 11, 2005). Available from: <<http://www.npr.org>>.
- <sup>19</sup> Lance Winslow. "Can we Stop Cancer from Frequency Pollution" (April 6, 2005). Available from: <<http://www.ezinearticles.com>>.
- <sup>20</sup> See <<http://www.earthpulse.com>>.
- <sup>21</sup> Malcolm Gladwell. *Blink: The Power of Thinking without Thinking*. (NY: Little Brown, 2005), 11.

